

MIND GLIDING BULLETIN

Mind Gliding's mission is to support individuals and organisations in the acquisition and development of wisdom. We achieve our goals by delivering training and development programmes to businesses and other organisations by focusing directly on people and their relationships. At Mind Gliding we believe that creating awareness will unlock people's inner resources that give them the foundation to improve their lives.

Mind Gliding (Kenya) project

The Mind Gliding programmes are best received by organisations that depend on functional relationships and optimal communication. The commercial clients of Mind Gliding are mainly from the UK but we are expanding and have clients in Jersey and Rome.

On a non-commercial basis, Mind Gliding is involved in educational training programmes in Kenya (Kisumu, Nairobi and Asumba) and Uganda (Jinja)



Negotiation Skills - Kisumu



Conflict Resolution - Kisumu



**Conflict & Opportunity in Growth (2nd Year)
- St Anne's Guesthouse, Kisumu**

Personal Development

For the individual our most successful programme is the 10 module personal development course, an educational training program extracted from psychotherapeutic counselling practices, that guides the student through an intensive process of (self) awareness and that provides tools and techniques to use for sustainable life improvement.

Congratulations !!! First Mind Gliding® Certificate for Personal Development in Uganda



Adima Joseph, Kampala - Uganda